# **Permanent Lip Color Pre-Care Instructions**

#### **Two-Weeks Prior to Procedure**

• If you've ever had a cold sore, you should start taking a preventative dose of Acyclovir or Valtrex, since lip tattooing can perpetuate a zoster outbreak if you've had them in the past. You should continue this dose until your lip tattoo is fully healed.

### **One Week Prior to Appointment**

• Discontinue Fish Oil or Vitamin E one week prior to treatment.

## **24-Hours Before Appointment**

• Avoid alcohol, caffeine, Aspirin, or Ibuprofen for 24 hours before the procedure.

### **Day of Appointment**

• Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have.

• Be sure to advise us of any allergies, medical conditions, prior permanent eyebrow make-up and prescriptions you take prior to your appointment.

• If you wish to bring your favorite lipstick/lip gloss, we can use it to help match your ideal lip color.

I've reviewed, understand, and agree to follow the pre-care instructions \*