



INKLESS STRETCH MARK/SCAR REVISION AFTERCARE INSTRUCTIONS

Days 1 to 4:

WHAT TO EXPECT: Redness, swelling, tightness, an/or “sunburnt” feeling. These are normal reactions.

WHAT TO DO: *Do NOT take anti-inflammatories (ie: Advil, Ibuprofen, Aleve, Aspirin) for 24 hours after treatment as this may decrease the immune response, which can lessen desired results. Tylenol is okay to take for discomfort.

*Wait at least 12 hours after procedure before showering.

*Gently wash morning and night with a mild antibacterial soap using only fingertips, then rinse and pat dry with a clean paper towel.

*Immediately after cleansing, gently apply provided aftercare lotion (CeraVe Moisturizer) 2X each day. If you prefer an all-natural option, you may use pure (unrefined) Coconut Oil.

*Avoid direct sun exposure or use of tanning beds.

Days 4 to 7:

WHAT TO EXPECT: Area will be dry, flaky, and may possibly exhibit a small amount of scabbing.

WHAT TO DO: *DO NOT PICK or SCRATCH SCABS/DRY SKIN.

*Continue to apply aftercare lotion twice each day after cleansing.

*Once scabbing/flaking has subsided, begin using a minimum of SPF 30+ when treated area will be exposed to sun.

Week 2 to 8

WHAT TO EXPECT: Area will appear more normal and look less “angry” and swollen. Area may still be slightly red.

WHAT TO DO: *2X a day, massage provided Cicaplast Gel into treated area

*Continue using applying sunscreen to treated area when sun exposure will occur.

*Continue using CeraVe Moisturizer *as needed* for peeling or dryness.

****4-Weeks Post Procedure****

Please take pictures of treated area in good lighting (natural light preferred) and text to **(513) 454-6911** with your name. This allows us to make sure everything looks on track for additional sessions, if needed or scheduled.

If you are unsure if what you are experiencing is normal, please call our office at (513) 454-6911.